Here's the text that we discussed should go under the banner:

|  |  |  |
| --- | --- | --- |
| Are you struggling? | | |
|  | Sometimes it's difficult to point the finger at why exactly we feel under pressure, but this has an effect on our life, both personal and professional.  When the stress builds up, we are more likely to often feel tired, have a more negative outlook on life and engage in conflict.  The good news is that we can prevent it!  As part of our duty of care SNV has launched a partnership with Konterra to provide counselling to all its team members who would like to access the service. |  |
| The service is offered in English, French and Portuguese...  and over 35 other languages.  Check if yours is available! | How much does it cost?  Team members are not required to pay anything.  The service is entirely managed by KonTerra and SNV does not get any information that may identify who accessed it. | |
| How does it work?  You only need email KonTerra at:  [snv@konterragroup.net](mailto:snv@konterragroup.net) and indicate:  • Name • Location • Language preference • Counselor gender preference • Preferred method of contact • Brief description of why you are seeking support  Within 24 hours of your initial request, a KonTerra case coordinator will reply to confirm receipt. Please look for an email from [casecoordination@konterragroup.net](mailto:casecoordination@konterragroup.net) and check your spam folder if you have not received a response within our 24-hour response timeframe. | | QR code |

Could this work?